## **† AMERICAN LUNG ASSOCIATION**® Fighting for Air

American Lung Association of the Northeast

LungNE.org I-800-LUNG USA

OFFICES:

Connecticut

45 Ash Street E. Hartford, CT 06108

Maine

122 State Street Augusta, ME 04330

Massachusetts

460 Totten Pond Road Suite 400 Waltham, MA 02451

393 Maple Street Springfield, MA 01105

New Hampshire

1800 Elm Street Manchester, NH 03104

New York

155 Washington Ave., Suite 210 Albany, New York 12210

21 West 38th Street, 3rd Floor New York, New York 10018

237 Mamaroneck Ave., Suite 205 White Plains, New York 10605

700 Veterans Memorial Highway Hauppauge, New York 11788

1595 Elmwood Avenue Rochester, New York 14620

Rhode Island

260 West Exchange Street Suite 102B Providence, RI 02903

Vermont

372 Hurricane Lane Suite 101 Williston, VT 05495 March 15, 2013

Public Health Committee Room 3000, Legislative Office Building Hartford, CT 06106

## Testimony of the American Lung Association in Connecticut in Support of Raised Senate Bill 991 An Act Concerning an Advisory Council on Palliative Care

Senator Gerratana, Representative Johnson and Members of the Public Health Committee:

The American Lung Association in Connecticut writes in support of Senate Bill 991, which would establish the Connecticut Palliative Care Advisory Council within the Department of Public Health.

Palliative care focuses on relieving those with a serious illness from symptoms, pain, and stress, with the goal of improved quality of life for both the patient and their family. Palliative care gives patients control and choice over their own care. The strong partnership between patients, families, and the palliative care team assures that treatment goals are established and coordinated throughout the course of a serious illness.

This legislation will focus on improving the quality and delivery of patient-centered and family-focused care to Connecticut residents facing a serious illness by establishing a State Advisory Council on Palliative Care. The Advisory Council will analyze the current state of palliative care in Connecticut and advise the department on matters relating to the improvement of palliative care and the quality of life for persons with terminal illnesses.

Lung cancer is the leading cancer killer in both men and women in the United States. Approximately 375,000 Americans are living with lung cancer today and an estimated 160,000 will die from the disease this year. According to the National Cancer Institute, in 2009 there were approximately 2,600 individuals in Connecticut with lung cancer. A 2010 clinical study of 151 lung cancer patients showed that early palliative care provided alongside cancer treatment delivered better patient quality of life and longer patient survival time<sup>1</sup>.

Chronic Obstructive Pulmonary Disease (COPD) refers to both chronic bronchitis and emphysema; both are characterized by obstruction of airflow that interferes with normal breathing. COPD is the third leading cause of death in the United States. In 2011, there were 166,000 adults in Connecticut with COPD according to the Behavioral Risk Factor Surveillance System (BRFSS). Many individuals with COPD benefit from

palliative care due to the severity of the illness. Palliative care is used to manage the symptoms of COPD and the stress and anxiety caused by having the disease.

Being aware of and having access to palliative care is vital to improving the quality of life for people in Rhode Island diagnosed with lung cancer. Thank you for your consideration of SB991. We urge your favorable vote on this bill.

Thank you,

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Michelle Marichal CT Acting Director, Health Education and Public Policy American Lung Association in Connecticut